

Annual Deductible and Out-of-Pocket Maximum Accrual Balances

California law requires health plans to provide enrollees with up-to-date accrual balances towards their annual deductible and out-of-pocket maximum for every month benefits were used until the accrual balances are met. Enrollees have the right to request their most up-to-date accrual balance from the health plan at any time.

You can request your accrual balance by contacting Customer Service at 877-280-4204 or by logging into your online account at dentegra.com.

Accrual updates will be mailed to you unless you elect to opt out of the mailed notice and receive accrual notifications electronically. To opt out of paper mailings, contact Customer Service or log in to your online account and update your delivery preferences.

Once you have selected to receive electronic communications, they will be provided either (1) by accessing the Dentegra website with your username and password, or (2), via email. Documents sent to you through one of these methods will be considered delivered and received, unless there is an indication that the email address provided is invalid. All written documents delivered to you electronically will be considered "in writing." You should print or download for your records a copy of all electronic communications, this disclosure and any other document that is important to you.

You may opt out of electronic delivery by withdrawing your consent to transact business electronically at any time by updating your delivery preferences in your online account at dentegra.com or by calling Customer Service at 877-280-4204.